

Basic Introduction to the Teen Challenge Residential Recovery Program, Part 1: Induction Phase

Participant Notesheet with ANSWERS

By Dave Batty

1. Months 1-4 of the residential program
2. Basic description of residential recovery program
3. Goals of the Induction Phase
 - a. Get off drugs
 - b. Become a follower of Christ
 - c. Learn basics of Christian lifestyle
 - d. Establish hope for their future
 - e. Assess their problems
 - f. Commit to finish the TC program
 - g. Begin to restore relationship with their family

4. Structure of Induction Program

- a. Intake process
- b. Detox options
- c. Daily program schedule

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:00 AM	Wakeup	Wakeup	Wakeup	Wakeup	Wakeup	-	-
6:30 AM	Devotions	Devotions	Devotions	Devotions	Devotions	-	-
7:00 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Wakeup	Wakeup
7:30 AM	Chores	Chores	Chores	Chores	Chores	Devotions	Devotions
8:00 AM	Chapel	Chapel	Chapel	Chapel	Chapel	Breakfast	Breakfast
9:00 AM	Class Study	Class Study	Class Study	Class Study	Class Study	Work Detail	Church
12:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	Work Program	Work Program	Work Program	Work Program	Work Program	Work Program	-
3:00 PM	Work Program	Work Program	Work Program	Work Program	Work Program	Free Time	-
5:30 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:00 PM	Chores	Chores	Chores	Chores	Chores	Chores	-
7:00 PM	Study Hall	Devotions	Church	Counseling	Chapel	Free Time	-
9:00 PM	Reading	Reading	Reading	Reading	Reading	-	-
10:00 PM	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out

d. Bible classes Group Studies for New Christians & Personal Studies for New Christians

e. Counseling

f. Family visits

5. Staff needed for an Induction Program

a. Staff-student ratio 1 to 3

b. Director

c. Intake

d. Staff counselors/ministers

e. Teacher

f. Work supervisor

g. Food services

h. Office and maintenance

i. Interns

6. Questions for discussion

Contact Information: www.Globaltc.org www.iTeenChallenge.org