

# Basic Introduction to the Teen Challenge Residential Recovery Program, Part 2: Training Phase

## *Participant Notesheet*

By Dave Batty

1. Months 5-12 of the residential program
2. Basic description of residential recovery training program
3. Goals of Training Phase
  - a. Commit to \_\_\_\_\_ of being drug free
  - b. \_\_\_\_\_ relationship with Jesus
    - >> take responsibility for personal spiritual growth
    - >> implement personal spiritual disciplines—prayer, Bible reading
  - c. Develop personal \_\_\_\_\_ plan
    - >> Learn how to deal with life-controlling problems God's way
  - d. Develop an \_\_\_\_\_ \_\_\_\_\_ for life after TC graduation
    - Where will you go next?
  - e. Continue to restore relationship with \_\_\_\_\_

**4. Structure of Training Program**

a. Difference from Induction Phase

b. Daily program schedule

	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>	<b>Sat</b>	<b>Sun</b>
6:00 AM	Wakeup	Wakeup	Wakeup	Wakeup	Wakeup	-	-
6:30 AM	Devotions	Devotions	Devotions	Devotions	Devotions	-	-
7:00 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Wakeup	Wakeup
7:30 AM	Chores	Chores	Chores	Chores	Chores	Devotions	Devotions
8:00 AM	Chapel	Chapel	Chapel	Chapel	Chapel	Breakfast	Breakfast
9:00 AM	Class Study	Class Study	Class Study	Class Study	Class Study	Work Detail	Church
12:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	Work Program	Work Program	Work Program	Work Program	Work Program	Work Program	-
3:00 PM	Work Program	Work Program	Work Program	Work Program	Work Program	Free Time	-
5:30 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:00 PM	Chores	Chores	Chores	Chores	Chores	Chores	-
7:00 PM	Study Hall	Devotions	Church	Counseling	Chapel	Free Time	-
9:00 PM	Reading	Reading	Reading	Reading	Reading	-	-
10:00 PM	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out

- c. Bible classes      Advanced GSNC & PSNC
- d. Vocational work experience
- e. Counseling  
    --set up accountability person for after graduation
- f. Practical ministry experience
- g. Passes and Family visits

**5. Staff needed for a Training Program**

- a. Staff-student ratio      1 to \_\_\_\_\_
- b. Intake/placement
- c. Staff counselors/ministers
- d. Teacher
- e. Work supervisor
- f. Food services
- g. Office and maintenance
- h. Interns

**6. Questions for discussion**

**Contact Information:** [www.Globaltc.org](http://www.Globaltc.org)      [www.iTeenChallenge.org](http://www.iTeenChallenge.org)