

Beyond Abuse Seminar

Presenter: Sallie Culbreth, Director and founder of Committed to Freedom

... to help abuse survivors and their loved ones find hope, understanding, empowerment, and strategies for healing

This 5 hour seminar is for men and women who are survivors of abuse, their partners, family, and friends, and those who want to gain a better understanding of how abuse impacts a person's life. The seminar combines practical information and spiritual insights that will provide significant help. A fill-in-the-blank workbook follows the presentation.

Survivors, partners, friends, and survivor support networks will find this to be significant and helpful.

Topics covered during the seminar include:

- What abuse teaches.
- The issues that abuse survivors struggle with.
- How God factors into abuse recovery.
- The sub-text of Christ's experiences.
- Strategies to manage stress.

This seminar will provide Teen Challenge staff with excellent insights on how abuse affects a person. It will also provide tools for how to move beyond the damage of abuse.

Three options are available for receiving this training.

1. You can attend a **Beyond Abuse Seminar** that is already scheduled in your area. Go to the www.CommittedtoFreedom.org website for a current list of seminar dates and locations.
2. You can bring a **Beyond Abuse Seminar** to your area. Contact information is on the Beyond Abuse Seminar page on the website: www.CommittedtoFreedom.org
3. You can purchase a DVD of the **Beyond Abuse Seminar**, which also comes with the workbook and go through the training personally. Purchase the DVD set at the online bookstore "Shop Resources" at www.CommittedtoFreedom.org At the present time, this DVD set is only available in English.

Other resources and helps (both free and for purchase) are available at the website www.CommittedtoFreedom.org to assist you in better understanding how to work with those who have been abused. You can also sign up for weekly podcasts and other communications.