An Introduction to Christian Character Development Notesheet with Answers

By Dave Batty

Becoming a disciple of Jesus is not simply obeying rules. It is much more than simply confessing your sins to God and asking Him to become the Leader of your life. Being a disciple moves from words to actions.

But what kind of actions? We can learn to act and talk like a Christian, but that is not the key to being a true disciple. What God is looking for is a change that goes deep into our heart. It is your choice to make changes on a very superficial level, or deep changes—changes at the heart level.

One of the promises of being a follower of Jesus is that he will give us spiritual gifts which we can use in doing what he has called us to do. We often are impressed with the spiritual gifts other Christians have—in fact, we are often too impressed with these people. We should not be overly impressed with the gifts that other people have. God alone decides who gets which gifts. We don't earn these gifts.

What we should be impressed with when we look at other people is their Christian character—this is their gift to God.

A. What is character?

We are not talking about your **personality**.

"Character is the <u>will</u> to do what is right, as <u>God</u> defines right, regardless of the cost. Men and women of character are willing to recognize there is a standard of right and wrong outside of us that we need to submit ourselves to. We must be proactive and intentional in our pursuit of character and God will use our character to guide us." Quote by Andy Stanley

Proverbs 11:1-3 NIV

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¹ The LORD abhors dishonest scales, but accurate weights are his delight.

² When pride comes, then comes disgrace, but with humility comes wisdom.

³ The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity.

Another definition of character is an absolute system of right and wrong, combined with a will to do what is right.

There are two essential elements of understanding character and how it works in our life.

- 1. Determining what is right and wrong
- 2. Choosing (willing) to do what is right

Let's take a closer look at these two essential elements of character.

1. Determining what is right and wrong

If you are going to develop Christian character in your life, then you must build on a set of beliefs based on what <u>God</u> says is right and wrong. This requires that you study God's Word to learn what He says is right and wrong.

We also need to carefully assess our own current beliefs. How many of our current beliefs about what is right are based on:

- what our culture says is right
- > our family traditions of what is right
- our friends standards of what is right

For some of us, it is not so much what others say is right, we have created our own standards of what is right.

But to develop Godly character in our lives, we must first determine what God says is right and wrong. This standard of right and wrong is not based on my own opinions—it must be based on God's truth.

2. Choosing (willing) to do what is right

Our will has a great part in determining our character. It is not enough to believe something is right. We must choose to make that belief a part of our lifestyle. We must be fully committed to doing the right thing, no matter how hard it may be.

The strength of your character is revealed in the presence of <u>problems</u>. How do you respond when you are under pressure? When everything is not going smoothly in your life, how do you respond? You can have a weak character, or a strong character. Your character can be Godly, or very ungodly. Look at your choices and they reveal your character.

B. How does a person develop their character?

There are some who believe that your character is formed very early in life.

"Your character is the sum total of all your habits." Quote by Rick Warren in The Purpose Driven Life.

Rick Warren has identified a key part in how we develop our character. Simply look at your habits. Our habits reveal our choices—daily choices.

If our character is the sum total of our habits, does this mean we can change our character? The answer to this question comes to the heart of what it means to be a Christian. Even more important is what it means to be a disciple of Jesus.

2 Corinthians 5:17 New Living Translation

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

We become spiritually alive when we become a believer in Christ. But becoming a <u>disciple</u>—a follower of Jesus—is where the real opportunity lies to change our character. Being a disciple is all about how we live. This is where we either make superficial changes in our lifestyle, or radical changes—changes at the heart level.

The Bible is filled with scriptures that make it clear that we can choose to become a different person than we were before we started to follow Jesus. It comes back to the definition of character. Do we take the time to do a deep evaluation of our beliefs of right and wrong? Do we then begin to make changes—motivated from a heart to follow Jesus?

Hebrews 5:11-14 New Living Translation

There is much more we would like to say about this, but it is difficult to explain, especially since you are spiritually dull and don't seem to listen. ¹² You have been believers so long now that you ought to be teaching others. Instead, you need someone to teach you again the basic things about God's word. You are like babies who need milk and cannot eat solid food. ¹³ For someone who lives on milk is still an infant and doesn't know how to do what is right. ¹⁴ Solid food is for those who are mature, who through training have the skill to recognize the difference between right and wrong.

God wants us to use our character to <u>direct</u> us in our responses to every situation we face each day. We honor God when we use His truth as the standard for our decisions on a daily basis.

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In developing Christian disciples, we need to give high priority to helping our students develop Christian character in their lives.

Most of our students did not arrive at Teen Challenge with Christian character as their strength. Godly character formation does not happen by chance, or by just being present in Teen Challenge.

- 1. Character formation takes place because of a very intentional process where we seek to put out of our lives ungodly character traits and plant and grow godly character traits.
- 2. As a discipler, we must first model Christian character in our lives 24-7.

For example—it is a problem when a staff lacks self control. The students complain about the staff:

- driving
- lack of honesty
- anger
- conflict management
- jumping to conclusions before having the facts
- harsh talk toward the students

How do we teach character development?

- not simply preaching
- not simply teaching
- not simply counseling
- 3. Developing Christian character starts in our mind.

We must choose to think the right thoughts.

Thoughts >>> Actions >>>> Attitudes >>>> Character

Right thoughts lead to right actions. Right actions lead to right attitudes. Right attitudes, applied consistently over time produce Godly character.

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4. Character is developed one small step at a time, especially as I face problems in my daily activities.

How did Jesus help his disciples develop Christian character in their lives?

Character is not developed by a <u>single</u> prayer or action. It is developed through a consistent application of biblical principles. It comes from a heart of conviction and commitment. I am choosing this response because it is what I want from deep in my heart. My character is who I am at the very depths of my <u>soul</u>.

D. What are specific examples of Christian character for us to develop?

One list of character qualities comes from the *Character Qualities Class* in the *Personal Studies* for New Christians.

Alertness Fairness Persuasiveness Attentiveness Faith **Punctuality Availability** Flexibility Responsibility Forgiveness Resourcefulness Cautiousness Compassion Generosity Reverence Contentment Gentleness Security Self-control Courage Gratefulness Creativity Hospitality Sensitivity Decisiveness Humility Sincerity Deference Initiative Thoroughness **Joyfulness Thriftiness** Dependability Tolerance Determination Love Truthfulness Diligence Loyalty Virtue Discernment Meekness Discretion Neatness Wisdom Endurance Obedience Enthusiasm **Patience**

E. How do we take these from simply being "an assignment" to becoming part of our whole lifestyle?

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